

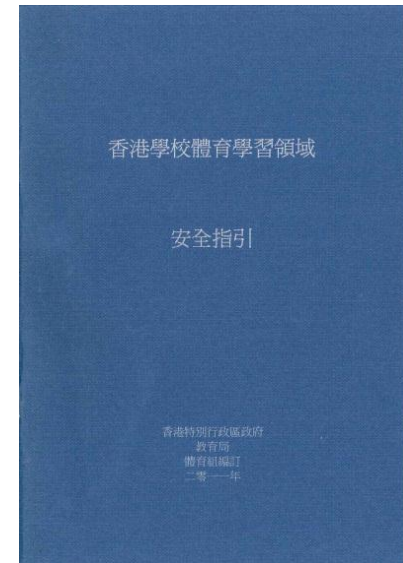
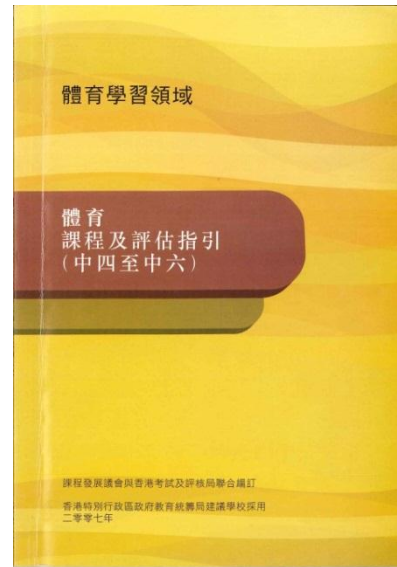
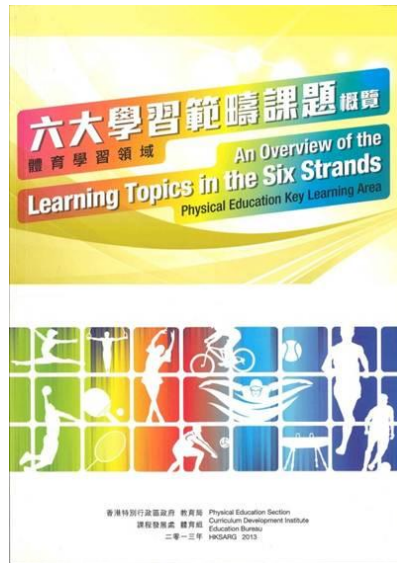
# **Induction for New PE Teachers and Panel Chairpersons of Primary and Secondary Schools**

**Physical Education KLA  
L&T Resources  
September 2015**

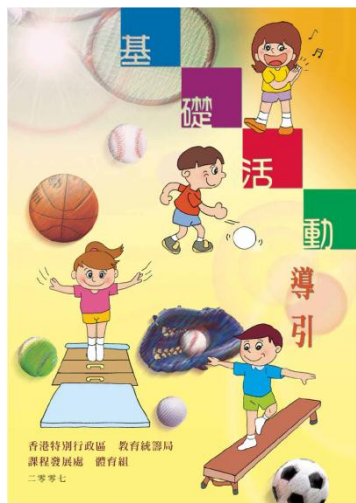
# PE KLA L&T Resources

- Curriculum and Guidelines
- Circulars/Letters
- Activities & Programmes
- Information Technology
- L&T Resources
- Reference and Journals
- Organisations

# Curriculum & Guidelines



<http://www.edb.gov.hk/tc/curriculum-development/kla/pe/curriculum-doc/index.html>



# Healthy Lifestyle - Physical Activity

Moderate to Vigorous Physical Activities (MVPA)

[http://cd1.edb.hkedcity.net/cd/pe/tc/pa/pa\\_c.htm](http://cd1.edb.hkedcity.net/cd/pe/tc/pa/pa_c.htm)

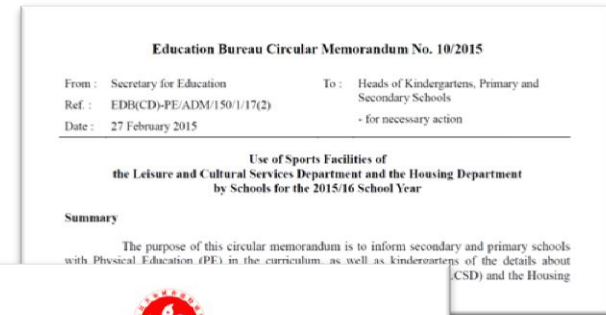
# Circulars/Letters

## Circulars/Circular Memorandum(CM):

- EDBC No.1/2013 : Healthy Lifestyle  
- Physical Activity
- EDBC No.11/2013 : Use of Facilities Provided by  
Holders of Private Recreational Leases
- EDBCM No.10/2015 : Booking of Public Sports Facilities
- Consolidated CM : 1st / 16th

## Letters:

- Subject code for PE [310, 312, 41S]
- Letter to schools on Air Quality Health Index



# Public/Private Sports Facilities

Leisure and Cultural Services Department (LCSD)/  
Housing Department (HD)

- Annual CM on 'Use of Sports Facilities of the LCSD and the Housing Department by Schools'
- Issue the CM in the first week of March

<http://www.lcsd.gov.hk/specials/facility/documents.htm>

User Name : EDB

Password : school123

# Public/Private Sports Facilities

## Private Sports Clubs (EDBC No.11/2013)

- Private Recreational Lease
- Special purpose leases granted by the Home Affairs Bureau (HAB) to organisations that provide facilities for recreational purposes

Craigengower Cricket Club (Happy Valley)

Jardine's Lookout Residents' Association (Jardine's Lookout)

HK Country Club (Deep Water Bay)

HK Golf Club (Deep Water Bay)

South China Athletic Association (King's Park)

Kowloon Bowling Green Club (Tsim Shi Tsui)

Kowloon Cricket Club (Jordan)

[http://www.hab.gov.hk/en/other\\_information/prls.htm](http://www.hab.gov.hk/en/other_information/prls.htm)

# Activities & Programmes

- Outdoor Education Camp
- Schools Dance Festival
- School Physical Fitness Award Scheme
- Heart-safe School Project
- Inter-schools Sports Competition



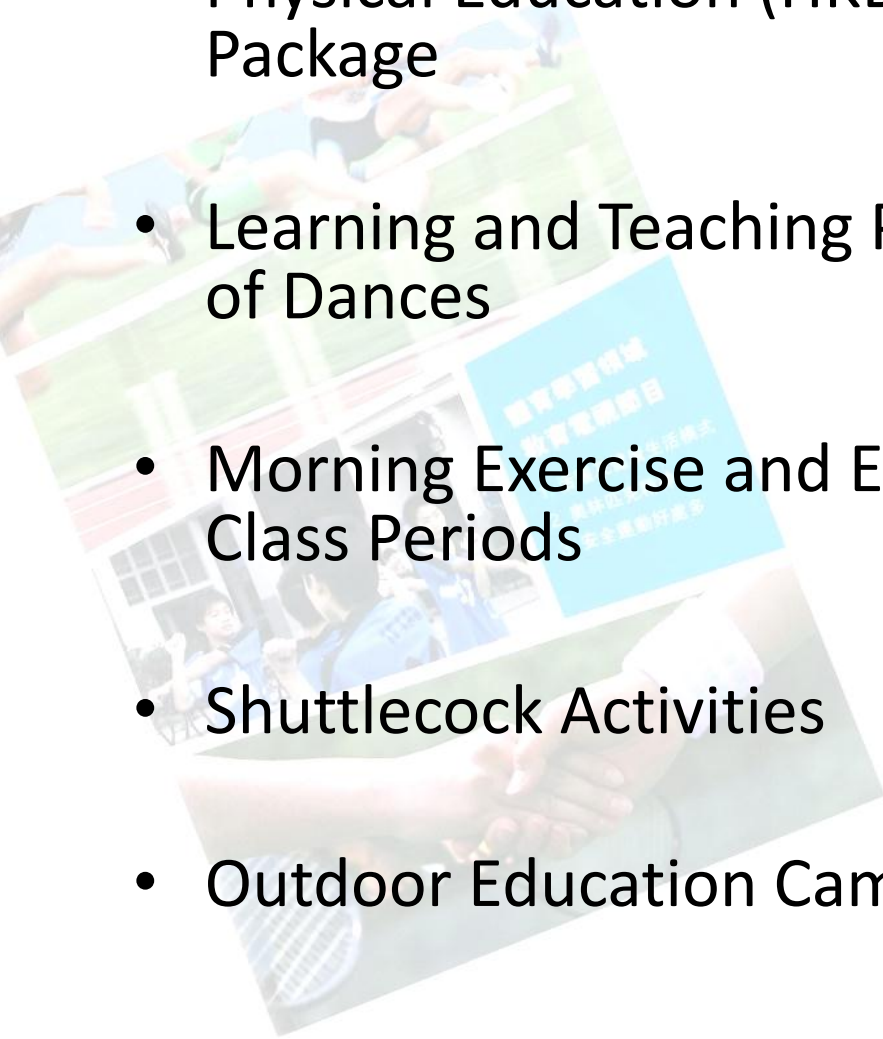


# Information Technology

- Sports Day, Swimming Gala and Games Day Computer-assisted Processing System (CAPS)
- Physical Fitness Recording Systems (PFRS)
- Co-curricular Activities Recording System (CCARS)
- Motion Video Analysis Software

# L&T Resources

- Physical Education (HKDSE) Learning and Teaching Package
- Learning and Teaching Package on Various Types of Dances
- Morning Exercise and Exercise During the Change of Class Periods
- Shuttlecock Activities
- Outdoor Education Camps for Primary School



# Learning Circle

## Senior Secondary PE Elective Learning Circle

The screenshot shows the Education Bureau website. The header includes the Education Bureau logo and the text "The Government of the Hong Kong Special Administrative Region". Below the header, there is a navigation menu with options like "Home", "Latest News", "About EDB", "Education System and Policy", "Curriculum Development", "Students and Parents Related", "Teachers Related", "School Administration and Management", "Public and Administration Related", "Access to Information", and "Contact Us". The main content area is titled "SS Physical Education Elective" and contains a table with the following information:

Description	View or Download
<b>Curriculum and Assessment Guide</b> Physical Education – Curriculum and Assessment Guide (Secondary 4-5)(2007)(with updates in January 2014)	
<b>Introduction to the PE Elective in the NSS Curriculum</b> Introduction to the PE Elective in the NSS Curriculum (Schools are welcome to download the PowerPoint for introducing the elective to students, parents or other stakeholders) NSS PE KLA Poster NSS PE Elective Pamphlet - for S4 students taking the 2016 HKDSE Examination - for S5 and S6 students taking the 2015 and 2014 HKDSE Examination	 <a href="#">Read More</a> <a href="#">Read More</a>
<b>Professional Development Programmes for Teachers</b>	
1. Understanding of and Interpreting the Curriculum	<a href="#">Read more</a>
2. Learning and Teaching Strategies • IT for PE Series - Movement Analysis Software	<a href="#">Read more</a>
3. Enriching Knowledge	
4. Assessment • NSS Assessing Student Learning in Physical Education – Internal Assessment • NSS Physical Education Public Assessment	<a href="#">Read more</a> <a href="#">Read more</a>

<http://www.edb.gov.hk/en/curriculum-development/kla/pe/ss-pe-elective/>

## Fundamental Movement Learning Circle Online Platform

The screenshot shows the Fundamental Movement Learning Circle Online Platform website. The header includes the logo "FM Learning Community" and the text "香港教育局 課程發展處 體育組" and "體育科基礎活動學習社群". Below the header, there is a navigation menu with options like "主頁", "關於我們", "基礎活動課程綱要", "教師專業發展課程", "教學資源", "參考資料", "網絡學校名單", "加入學習社群辦法", and "聯絡我們". The main content area features a large illustration of four children running in a park, with the text "Physical Education" written in large, colorful letters. Below the illustration, there is a small text box that says "特別鳴謝：聖公會聖約瑟小學 提供協助" and "Copyright © 2014 教育統籌局發展體育科基礎活動學習社群". In the bottom right corner, there is a "Visitors" counter showing 455 visitors.

<http://intranet.skhsjs.edu.hk:8000/edbpefmlc/>

# Resources

**Education Bureau**  
The Government of the Hong Kong Special Administrative Region

GOVHK 香港政府一站通 繁體版 简体版 Mobile / Accessible Version My Colour AAA Enter search keyword(s)

Home > Curriculum Development > Key Learning Areas > Physical Education > Physical Education - Curriculum Documents

## Physical Education - Curriculum Documents

Physical Education - Curriculum and Assessment Guide (Secondary 4-6) (2007) (with updates in January 2015)  
Physical Education Key Learning Area Curriculum Guide (2002)

- Key Messages
- Background & Gist
- Full Text
  - Content
  - Preamble

Navigation: Home, Latest News, About EDB, Education System and Policy, Curriculum Development, Students and Parents Related, Teachers Related, School Administration and Management, Public and Administration Related, Access to Information, Contact Us

**Education Bureau**  
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Home > Curriculum Development > Key Learning Areas > Physical Education

## Physical Education

**Position**  
Physical Education is "education through the physical". It aims to develop students' movement and safety, and their ability to use these to perform in a wide range of active and healthy lifestyle. It also develops students' confidence and generic skills, communication, creativity, critical thinking and aesthetic appreciation. These, together with attitudes in PE, provide a good foundation for students' lifelong and life-wide learning.

**Direction**  
Curriculum development is an on-going improvement process. In the PE KLA, we would

- build on strengths to inspire curriculum changes in the light of the new educational trend; cultivate in students generic skills, positive values and attitudes, in addition to physical co-ordinate learning; and
- encourage schools to make flexible use of time, space, resources and facilities available to curriculum.

Navigation: Home, Latest News, About EDB, Education System and Policy, Curriculum Development, Students and Parents Related, Teachers Related, School Administration and Management, Public and Administration Related, Access to Information, Contact Us

Insider's Perspective

School Information

Report on the Work of the 2015 Policy Address

Key Access/Structure

Public Consultation

Kindergarten, Primary & Secondary School Profiles

iPASS

Kindergarten, Primary & Secondary School Profiles

Kindergarten, Primary & Secondary School Profiles

- Curriculum Documents
- Teacher Education Programmes
- Bulletin Board
- Links
- Contact Us
- Healthy Lifestyle - Physical Activities
- What's New
- Collaborative Research & Development
- References & Resources
- Questions & Answers

**Education Bureau**  
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Home > Curriculum Development > Key Learning Areas > Physical Education > Physical Education - What's New

## Physical Education - What's New

Last Updates	Description
10/2015	Easy Fitness Exercise for All (Leisure and Cultural Department)
10/2015	52nd Schools Dance Festival
09/2015	Supplementary Notes of Physical Education - School Physical Fitness Award Scheme
09/2015	Private Recreational Leases
04/2015	Use of Sports Facilities of LCSD and HD by Schools for the 2015/16 School Year, Frequently Asked Questions (FAQs)
02/2015	Physical Education - Curriculum and Assessment Guide (Secondary 4-6) (2007) (with updates in January 2014)
01/2014	New Subject Code - Physical Education (PE) Lessons (Code No. 310)
08/2013	

Navigation: Home, Latest News, About EDB, Education System and Policy, Curriculum Development, Students and Parents Related, Teachers Related, School Administration and Management, Public and Administration Related, Access to Information, Contact Us

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Home > Curriculum Development > Key Learning Areas > Physical Education > Physical Education - References & Resources

## Physical Education - References & Resources

- Safety Measures and Management
  - Safety Guidelines
  - Air Quality Health Index: Dogs & Don'ts for Arranging Physical Activities (During the Health Risk Category at High, Very High and Serious Levels)
  - EDBC No. 10/2015 on Use of Sports Facilities of the Leisure and Cultural Services Department and the Housing Department by Schools for the 2015/16 School Year, Frequently Asked Questions (FAQs)
  - Use of Sports Facilities of LCSD and HD by Schools for the 2015/16 School Year, Frequently Asked Questions (FAQs)
- Furniture and Equipment List for New Schools
- Private Recreational Leases
- Activities and Programmes
- Schools Dance Festival
- Outdoor Education Camp Scheme
- School-based Curriculum Development
- EKLA - An Overview of the Learning Topics in the Six Strands
- PE Learning Outcomes Framework

Navigation: Home, Latest News, About EDB, Education System and Policy, Curriculum Development, Students and Parents Related, Teachers Related, School Administration and Management, Public and Administration Related, Access to Information, Contact Us