



Task 4: Edible Poem

The final task of the workshop involves writing a food poem that helps promote the good habit of eating breakfast. In Part A, you will study two poems and learn about their features. In Part B, you will write a food poem of your choice. To help you complete the task, Mr. Solomon has provided you with the following:

- Two food poems, namely, a Fruit Poem and a Meal Poem, to serve as models;
- Tips for writing an alphabet poem;
- Notes on rhyming words; and
- A poem-planning sheet.

Part A: Steps for Writing a Poem

Study the two poems below and complete the three activities that follow

Poem One - Fruit Poem – an alphabet poem

	Fruits
5	A little boy was eating an apple But suddenly he saw a bee sitting on his banana. Could it be a bumblebee preying on his banana next to the cantaloupe? Didn't he finish his last bite of the cantaloupe and a dragon fruit? Entering the kitchen, he saw a bee eating his eggfruit. He also Found out that he still had a Fuji apple. Gazing on the grapes sitting on the kitchen table, he was Hoping that his mum would get him some horse mangoes.
10	Immediately he ran upstairs and started to eat some Indian figs while his Jacket was stained with some jackfruit pudding. Knowing that his mum would be coming home soon after getting some kiwi fruit, he Leaned against the window, holding a lemon. There she was, Mum coming home with some mulberries and other fruits, he wasted No time to greet his mum, grabbed the nectarines and
15	Oh my, she had oranges in her bag!

Poem Two - Meal Poem – a rhyme poem

	Meals
5	Breakfast A carton of skimmed milk A small slice of beef roast Two tea eggs A piece of raspberry jam toast
10	Lunch A plate of wholemeal spaghetti A piece of carrot cake Two servings of salad A strawberry milkshake
15	Dinner A bowl of brown rice A piece of pork chop Two servings of veggies A fruit lollipop



Activity 1: Vocabulary

Identify and underline all the names of fruits and foods in each of the two poems.

Activity 2: The Defining Features of an Alphabet Poem

With reference to the Fruit Poem: What do you notice about the first word of each line in the entire poem? Can you point out the relationship between the letter that begins a line and the name of the fruit in that line?

Activity 3: Rhymes

Read aloud the Meal Poem and circle all the words that rhyme. Then read aloud the poem again and check your answers.

Part B: Healthy Food Poem Writing

Study Mr Solomon's tips for writing an alphabet poem and his notes on rhyming poems. Then complete Activity 1 and Activity 2

Tips for Writing an Alphabet Poem

- You do not have to end the lines with rhyming words.
- You should begin the lines with letters that follow the alphabetical order.
e.g. A hard-working boy.
Believing that he will pass the examination,
Came to school every day...
- You can use a noun, a verb, an adverb or an adjective to begin a line.
- You do not have to form all 26 lines.



Notes on Rhyming Poems

A rhyme is when two words end with the same sound. For example, **book** rhymes with **took** because they both end with an **ook** sound. **Mango** rhymes with **tango** because they both end with an **ango** sound.

When you write a rhyming poem, try to end the lines with words of the same sound. For example, if you have the word **pin**, you might rhyme it with **fin** or **tin**, because they end with the same sound. Here are two sample rhyming poems.

My cat

My family has a **cat**.
She's very, very **fat**.
She sits on mum's **hat**.
So mum's hat is **flat**.

Or

My dog

My family has a dog.
She's very, very **fat**.
She sits on mum's bag.
So mum's bag is **flat**.

Activity 1: Planning

Refer back to the two poems on p.1, complete the planning sheet below.

Planning Sheet

1. Which kind of poem do you prefer to write about? A Fruit Poem (the alphabet poem) or a Meal Poem (rhyming poem)?

2. Brainstorm and write down the names of the types of food, drinks, desserts, fruits and vegetables you might want to write about. Write as many names as you can.

3. Think of any words that rhyme with the foods you wrote in Question 2. They can be nouns, adjectives, verbs or adverbs.



Activity 2: Healthy Food Poem-writing

Write a food poem below. Follow the writing frame of either the Fruit Poem or the Meal Poem. You can start the lines with letters following the alphabetical order OR end the lines with rhyming words. Give the poem a title. When you have completed the poem, use the assessment form on p.5 for self or peer assessment. Revise your poem accordingly.

Food Poem

<hr/> <p>Breakfast time</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
<p>Lunch time</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
<p>Dinner time</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>



Assessment Form

Assessment Form
Healthy Food Poem-writing

Tick the appropriate boxes and add comments below.

	😊	😐	☹️
Content			
• The title of the poem is appropriate.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• The content includes healthy food items.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Organisation			
• A writing frame has been adopted.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• For the alphabet poem, the lines begin with letters that follow the alphabetical order. For the rhyming poem, a total of three stanzas have been composed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Language and Style			
• The poem is interesting to read, and memorable.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Layout			
• The layout of the poem is appropriate.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Grammar			
• The expressions and words are accurate.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• Verb forms, punctuation and spelling are accurate.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Other comments:

Assessment conducted by

(Name)

** This assessment form can be used for self, peer and/or teacher assessment. The person who provides the feedback may put his/her name down if necessary.*