

## OLE Time Arrangement: self-checking calculation (C&MA Sun Kei Secondary School)

**Note:** This table only illustrates a self-check exercise showing how a school's OLE programmes can satisfy the said time requirements. Undoubtedly, there are **many other** OLE related activities happening in the school to achieve whole person development. The enlisted provisions are only those arranged **for all** and **best fit** the OLE aims and expected outcomes in this self-checking calculation.

### Timetabling details: 6 days/cycle; 40mins/period; 25 cycles

OLE Component(s)	School provision(s) for all	Estimated Time allocation per year (in hour)
<b>PD</b>	PE lesson (2 periods) <sup>1</sup>	33
	Sports Day	13
<b>AD</b>	Music lesson (1 period)	17
	Aesthetic activities <sup>2</sup>	28
<b>MCE, CS, CRE</b>	Hall Assembly & class teacher period	30
	Career education through talks and seminars	8
	Exposure in CS (class service ambassador) <sup>3</sup>	12
	OLE Day (1 day) <sup>4</sup>	7
		<b>Over the suggested minimum lesson time (15% / 135 hrs)</b>

<sup>1</sup> We build on our existing practice of providing 2 PE lessons for both junior and senior secondary students.

<sup>2</sup> AD-related activities that can satisfy the specific learning outcomes of AD will be provided to complement the learning in structured arts learning sessions, e.g. talks related to art education, drama performance, music contest, fashion show, etc.

<sup>3</sup> Under specific school policy, students are provided with a variety of service opportunities, both in and outside school.

<sup>4</sup> Programmes of different OLE components will be implemented through OLE Day to complement the regular learning opportunities.