

OLE Time Arrangement: self-checking calculation (Caritas Tuen Mun Marden Foundation Secondary School)

Note: This table only illustrates a self-check exercise showing how a school's OLE programmes can satisfy the said time requirements. Undoubtedly, there are **many other** OLE related activities happening in the school to achieve whole person development. The enlisted provisions are only those arranged **for all** and **best fit** the OLE aims and expected outcomes in this self-checking calculation.

Timetabling details: 5 days-week; 9 periods/day; 35 mins/period; 45 weeks

OLE Component(s)	School provision(s) for all	Estimated Time allocation per year (in hour)
PD	PE lesson (2 periods) ¹	40
	Sports Day (1.5 days)	12
AD	AD Lesson (1.5 hrs) ²	45
	Music Contest	3
	Carnival and Variety Show (2 times)	6
MCE, CS, CRE	Assembly and Class teacher period (2 periods)	55
	MCE period (1 period)	17
	CS programmes ³	9
	CRE programmes ⁴	12
		Over the suggested minimum lesson time (15% / 135 hrs)

¹ We build on our existing practice of providing 2 PE lessons for both junior and senior secondary students.

² Based on the themes on dancing, ceramics and photography, structured learning time will be provided for students to ensure their balanced developments all through senior secondary education.

³ We offer community service programmes to all senior secondary students, such as flag selling, charity marathon and fund raising activities, etc. Some of our outside-school community programmes are jointly organised by NGOs and us.

⁴ We offer CRE programmes for all senior secondary students, e.g. career talks, seminars and university visits.