

OLE Time Arrangement: self-checking calculation (Holy Carpenter Secondary School)

Note: This table only illustrates a self-check exercise showing how a school's OLE programmes can satisfy the said time requirements. Undoubtedly, there are **many other** OLE related activities happening in the school to achieve whole person development. The enlisted provisions are only those arranged **for all** and **best fit** the OLE aims and expected outcomes in this self-checking calculation.

Timetabling details: 5 days/cycle; 8 periods/day; 40mins/period; 32 cycles

OLE Component(s)	School provision(s) for all	Estimated Time allocation per year (in hour)
PD	PE lesson (2 periods) ¹	42
	Swimming Gala and Sports day (2 days)	14
AD	Music lesson (2 periods) ²	42
	Singing Contest and Variety Show	8
MCE, CS, CRE	Assembly and class teacher period (1 hour) ³	32
	MCE period (1 period)	21
	CS and CRE Programmes ⁴	5
		Over the suggested minimum lesson time (15% / 135 hrs)

¹ We build on our existing practice of providing 2 PE lessons for both junior and senior secondary students.

² Built on our current provision of 1 Music lesson for S4, we will offer 2 regular Music lessons for all in the NSS to ensure sufficient structured learning opportunities for students in AD,

³ Apart from MCE, programmes and activities on CRE will also be offered through class teacher periods.

⁴ Besides school arranged community services (both in and outside school) for all in NSS, career talks and visits will be arranged to enrich CRE.