

OLE Time Arrangement: self-checking calculation (Hon Wah College)

Note: This table only illustrates a self-check exercise showing how a school's OLE programmes can satisfy the said time requirements. Undoubtedly, there are **many other** OLE related activities happening in the school to achieve whole person development. The enlisted provisions are only those arranged **for all** and **best fit** the OLE aims and expected outcomes in this self-checking calculation.

Timetabling details: 5 days/week; 35mins/period; 33 weeks

OLE Component(s)	School provision(s) for all	Estimated Time allocation per year (in hour)
PD	PE lesson (2 periods)	38
	Sports Day	14
AD	AE lesson ¹	29
	Music Competition	5
	Variety Shows and Exhibitions ²	21
MCE, CS, CRE	Assembly and Class Teacher Period ³	88
	Exposure in CS ⁴	20
	Exposure in CRE ⁵	7
		Over the suggested minimum lesson time (15% / 135 hrs)

¹ Currently, we provide AD opportunities to students since S.1. For example, every student has to learn one instrument or one art form from S.1 to S.4. The 10th period is the art class. The duration ranges from 1 to 2 hours for each session. This will become a good foundation for us to further develop the existing practice to senior forms. For S.5 and S.6, we will arrange one regular Music lesson each week for students.

² Apart from structured learning opportunities, we will arrange a number of shows and exhibitions to broaden students' exposure in AD, such as art performance during national day and open day.

³ We advocate newspaper reading and discussion during class teacher period every morning. This forms part of the MCE education in school.

⁴ Under the school policy, students have to take up at least one post to serve the school, such as prefects and librarians. We offer a number of in-school CS opportunities to students.

⁵ We also provide CRE opportunities for all senior secondary students, such as workshops for career planning and future study in overseas and mainland China, career expo, visits to universities and workplaces and introduction of JUPAS. For S.4 and S.5, we offer 6 hours of programmes and for S.6, we offer 9 hours of programmes in CRE.