

OLE Time Arrangement: self-checking calculation (Mu Kuang English School)

Note: This table only illustrates a self-check exercise showing how a school’s OLE programmes can satisfy the said time requirements. Undoubtedly, there are **many other** OLE related activities happening in the school to achieve whole person development. The enlisted provisions are only those arranged **for all** and **best fit** the OLE aims and expected outcomes in this self-checking calculation.

Timetabling details: 35 mins/period; 9 periods/day; 6 days/cycle

OLE Component(s)	School provision(s) for all	Estimated Time allocation per year (in hour)
PD	PE Lesson (2 periods)	40
	Sports Day	12
AD	Music Lesson (1 period) ¹	20
	Singing Contest	8
	Co-curricular and Other AD Activities ²	18
MCE, CS, CRE	Class Period ³	20
	Assembly	30
	CRE and CS ⁴	12
		Over the suggested minimum lesson time (15% / 135 hrs)

¹ To ensure sufficient structured learning opportunities in AD, we arrange 1 music lesson for S4 to S6 students.

² Other AD activities include performance from professional artists, live concerts and museum visits.

³ Activities like morning reading, theme-based discussions and talks will be arranged during these class periods and assembly to enrich learning opportunities in MCE, CS and CRE for all students.

⁴ We offer a number of in-school and outside-school (work with NGOs) opportunities for all students to join and learn the programmes. As a school tradition, a school magazine will be issued monthly on Career-related News for students’ reference.