

OLE Time Arrangement: self-checking calculation (Pentecostal Lam Hon Kwong School)

Note: This table only illustrates a self-check exercise showing how a school's OLE programmes can satisfy the said time requirements. Undoubtedly, there are **many other** OLE related activities happening in the school to achieve whole person development. The enlisted provisions are only those arranged **for all** and **best fit** the OLE aims and expected outcomes in this self-checking calculation.

Timetabling details: 6 days/cycle; 40mins/period; 24 cycles

OLE Component(s)	School provision(s) for all	Estimated Time allocation per year (in hour)
PD	PE lesson (2 periods)	32
	Sports Day	16
	P.E. Day ¹	4
AD	AD lesson (2 periods) ²	32
	Music Competition	6
	AD Assembly ³	6
MCE, CS, CRE	Assembly (1 hour per cycle)	18
	Class Teacher period (5 periods/cycle; 30mins each) ⁴	60
	Community service ⁵ and specific CRE programmes (e.g. career talks)	16
		Over the suggested minimum lesson time (15% / 135 hrs)

¹ Apart from structured learning for PD, we will flexibly offer opportunities for students to have exposure on various types of sports.

² We want to design a balanced curriculum for our students, so we have put one music lesson per cycle in our senior secondary curriculum long before the implementation of NSS. Structured learning is a benefit for students in the learning of art. In NSS, we intend to extend the AD coverage to 2 periods per cycle, so that students will have more exposure in various art forms, such as drama and music. To have more in-depth training in specific art forms, students may also have options among various art forms for selection.

³ We advocate the use of timetabled lessons to implement OLE. So assembly period will be used to complement structured learning of the two AD lessons in the timetable.

⁴ Class teacher period is an important component for implementing MCE, CS and CRE. It will cover content on moral and civic education, religious education, career guidance, and activities to facilitate students to build their Student Learning Profile.

⁵ Building on our existing practice in junior forms to offer CS for all in partnership with NGOs, we will extend and enrich students' experiences with CS for all in NSS to cater for the needs of students at different developmental stages.