

OLE Time Arrangement: self-checking calculation (Shau kei wan Government Secondary School)

Note: This table only illustrates a self-check exercise showing how a school's OLE programmes can satisfy the said time requirements. Undoubtedly, there are **many other** OLE related activities happening in the school to achieve whole person development. The enlisted provisions are only those arranged **for all** and **best fit** the OLE aims and expected outcomes in this self-checking calculation.

Timetabling details: 10 days/cycle; 8 periods/day; 40 minutes/period

OLE Component(s)	School provision(s) for all	Estimated Time allocation per year (in hour)
PD	PE lesson (3 periods) ¹	32
	Sports Day	14
	Swimming Gala	7
AD	OLE lesson (2 periods) ²	24
	Exposure in AD ³	30
MCE, CS, CRE	Assembly and Morning Assembly	20
	Class periods ⁴	20
	Community Services ⁵	10
	Career-related Experiences ⁶	3
		Over the suggested minimum lesson time (15% / 135 hrs)

¹ Building on existing practice, we offer structured PE lessons for both junior and senior secondary students.

² We understand the importance of Aesthetic Development in cultivating students' creativity and aesthetic sensitivity and structured AD learning time on visual arts, music and other aesthetic themes will be provided.

³ We offer other AD learning opportunities, e.g. variety show, singing contest, drama competition, art and music appreciation activities, to complement structured learning in AD lessons

⁴ We will use class periods to enrich learning opportunities (e.g. talks and workshops) in MCE for all students in NSS.

⁵ Under the school policy, students have to participate in a variety of service opportunities provided by us, e.g. fund raising activities.

⁶ We offer career talks and guidance for our senior secondary students to facilitate their personal planning.