

## OLE Time Arrangement: self-checking calculation (United Christian College)

**Note:** This table only illustrates a self-check exercise showing how a school's OLE programmes can satisfy the said time requirements. Undoubtedly, there are **many other** OLE related activities happening in the school to achieve whole person development. The enlisted provisions are only those arranged **for all** and **best fit** the OLE aims and expected outcomes in this self-checking calculation.

### Timetabling details: 7 days/cycle, 45mins/period, 22 cycles

OLE Component(s)	School provision(s) for all	Estimated Time allocation per year (in hour)
<b>PD</b>	PE lesson (2 periods)	33
	Sport Day	16
<b>AD</b>	AE lesson (2 periods) <sup>1</sup>	33
	Inter-class Music Competition	6
	Annual Concert and other AD activities <sup>2</sup>	6
<b>MCE, CS, CRE</b>	Form Teacher Period (1 period)	16.5
	Civics Lesson (1 period) <sup>3</sup>	16.5
	Bible Lesson (1 period)	16.5
	Community Service <sup>4</sup>	6
		<b>Over the suggested minimum lesson time (15% / 135 hrs)</b>

<sup>1</sup> We provide AD opportunities in Music and Visual Arts through structured learning time to ensure students' balanced development all through their secondary education.

<sup>2</sup> We arrange gallery visits and concerts outside school to widen and deepen students' exposure in AD.

<sup>3</sup> We provide CRE opportunities in Civics lesson to let students explore their career aspirations and build up knowledge in various industries.

<sup>4</sup> We arrange regular CS opportunities for senior levels, such as visiting the home for the elderly in the vicinity and flag-selling, to ensure that all senior secondary students are entitled with the learning opportunities.