





























Example: Regular Review on OLE Time Arrangement

A school regularly reviewed its existing strengths and policies to provide a good interface between junior and senior curricula, and developed a favourable school culture and environment for fostering students' whole-person development and self-directed learning capabilities.

To maintain the balance between students' academic and personal development, the five areas of OLE were allocated within and outside timetabled lessons flexibly. OLE activities such as "One Life, One Sport, One Art, One Service" Scheme for every student, two Extra-Curricular Activities periods every week, Life Education Lessons, talks and workshops on Career-related Experiences and career planning session during class teacher periods were arranged. The average OLE time allocation was around 120 hours per year, which aligned with the new recommendation of 10% to 15% of the total curriculum time.

To review the effectiveness of OLE time arrangement, the school held both formal and informal meetings regularly to evaluate whether the time was allocated appropriately for the provision of sufficient and quality learning opportunities to enrich student learning experiences.









































