

## OLE Time Arrangement: self-checking calculation (GCCITKD Lau Pak Lok Secondary School)

**Note:** This table only illustrates a self-check exercise showing how a school's OLE programmes can satisfy the said time requirements. Undoubtedly, there are **many other** OLE related activities happening in the school to achieve whole person development. The enlisted provisions are only those arranged **for all** and **best fit** the OLE aims and expected outcomes in this self-checking calculation.

### Timetabling details: 5 days/week; 30 mins/period; 36 weeks

OLE Component(s)	School provision(s) for all	Estimated Time allocation per year (in hour)
<b>PD</b>	PE lesson (2 periods) <sup>1</sup>	36
	Sports Day and Swimming Gala (3 days)	20
<b>AD</b>	Arts Education lesson (2 periods) <sup>2</sup>	36
	Music Competition	6
<b>MCE, CS, CRE</b>	Assembly and Class Teacher Period (2 periods) <sup>3</sup>	72
	Exposure in CRE and CS <sup>4</sup>	8
		<b>Over the suggested minimum lesson time (15% / 135 hrs)</b>

<sup>1</sup> We build on our existing practice of providing 2 PE lessons for senior secondary students in NSS.

<sup>2</sup> To cultivate our NSS students in the arts and develop their art appreciation ability, we will arrange two regular lessons a week. All S4 and S6 students will attend Music lesson and S5 students will attend Art Appreciation lesson

<sup>3</sup> We will arrange two periods for assembly and two periods for class teacher per week alternatively. In order to develop students' positive attitudes and civil awareness, talks and sharing on current affairs and social issues will be arranged for all students.

<sup>4</sup> Building on our existing practice, talks and workshops on CS and CRE will be arranged for all in NSS for the needs of students.