OLE Time Arrangement: self-checking calculation (SKH Holy Trinity Church Secondary School)
Note: This table only illustrates a self-check exercise showing how a school's OLE programmes can satisfy the said time requirements. Undoubtedly, there are many other OLE related activities happening in the school to achieve whole person development. The enlisted provisions are only those arranged for all and best fit the OLE aims and expected outcomes in this self-checking calculation.

Timetabling details: 5 days/week; 40 mins/period; 32 weeks

| OLE Component(s) | School provision(s) for all | Estimated Time allocation per year (in hour) |
| :---: | :---: | :---: |
| PD | PE lesson (2 periods) ${ }^{1}$ | 43 |
|  | Sports Day (2 days) | 13 |
| AD | Music and/or VA ${ }^{2}$ | 36 |
|  | Music Competition | 4 |
|  | Talks and Visits | 10 |
| MCE, CS, CRE | Assembly / Class Teacher Period (1 period) | 21.5 |
|  | Religious Study (1 period) | 21.5 |
|  | OLE period (1 period) ${ }^{3}$ | 26 |
|  |  | Over the suggested minimum lesson time ( $15 \%$ / 135 hrs ) |

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[^0]:    ${ }^{1}$ We build on our existing practice of providing 2 PE lessons for both junior and senior secondary students.
    ${ }^{2}$ We understand that AD is best implemented through structured learning. Therefore we arrange 2 VA lessons for S4, 2 music lessons for S5 and 1 music lesson for S6.
    ${ }^{3}$ Talks and workshops on MCE, CS and CRE will be arranged during this OLE period to complement the regular learning opportunities.

