

Reminder for PE Teachers on Prevention of Dengue Fever

1. PE Teachers should liaise with the school authorities on arranging a proper channel to deliver knowledge and prevention methods on dengue fever for students. Schools may refer to the relevant information posted on the Dengue Fever pages of the Centre for Health Protection, Department of Health at <https://www.chp.gov.hk/en/features/38847.html>.
2. The best way to prevent dengue fever is to reduce mosquito breeding. Schools should take action to eliminate pockets of stagnant water to avoid dengue fever being transmitted to humans through mosquito bites. Schools may refer to the webpage of the Food and Environmental Hygiene Department on “Prevention of Dengue Fever (Advice for Schools)” at https://www.fehd.gov.hk/english/pestcontrol/library/pdf_pest_control/mosquito_school.pdf;
3. PE Teachers should pay attention to the nearby environment. If unfavorable condition is found, teachers should reflect to relevant unit immediately for implementation before lessons.
4. If you notice any mosquito breeding sites in public places, you may call 1823 or the Food and Environmental Hygiene Department Hotline 2868 0000.
5. PE teachers may flexibly allow, or encourage whenever required, students to wear light-coloured long-sleeved clothes and long trousers.
6. During outdoor activities, entering endemic rural areas should be avoided, or if necessary, never stay inside. Keep windows, doors and mosquito nets closed when camping. Apply mosquito repellent on clothes or skin according to label instructions where necessary. Schools may refer to the webpage of the Food and Environmental Hygiene Department on “Prevention of Dengue Fever (Advice for Picnickers and Hikers)” at https://www.fehd.gov.hk/english/pestcontrol/library/pdf_pest_control/mosquito_hike.pdf

7. PE Teachers should remind students to seek medical advice from doctors and report to the Department of Health if symptoms include high fever, severe headache, muscle and joint pain etc are found.

Relevant Websites

1. Centre for Health Protection, Department of Health

<http://www.dh.gov.hk/eindex.html>

2. Food and Environmental Hygiene Department

<https://www.fehd.gov.hk/english/index.html>