

SS Physical Education Elective – Frequently asked questions

1. Under the “Physical Activity Review” mechanism launched in 2015, will there be lesser number of activities offered for candidates?
 - No. To cater for students’ interests and abilities, and the feasibility of the conduct of the examination, the HKEAA would continue to offer not less than eight physical activities. If there is no new activity to be added in the examination, no activity currently offered will be cancelled.
2. In the Medium-term Review, handball was recommended to be a new physical activity. How is the progress?
 - The HKEAA will conduct a seminar in the second term of the 2015/16 school year (sy) to introduce handball assessment standard and demonstrative video clips to collect teachers’ feedback for subsequent adjustment. Upon the endorsement of the related committees, handball will be included in the SS PE Elective in the 2016/17 sy. (Candidates may opt for the activity in the 2019 Hong Kong Diploma of Secondary Education (HKDSE) PE Examination).
3. What is the weighting of the theoretical and practical papers in the public examination?
 - To highlight the leading elements of physical performance and the strong theory-practice linkage of PE Elective, the weighting allocation for the theoretical and practical papers in the public examination will be 60% and 40% respectively with effect from 2016 HKDSE Examination.
4. What are the benefits of studying the PE Elective?
 - PE is essential for whole person development.
 - It enriches students’ knowledge of PE, sport and recreation, and fosters the adoption of an active and healthy lifestyle.
 - It develops students’ generic skills as well as values and attitudes, enhances the capability of learning to learn, and lays a solid foundation for lifelong learning.
 - It equips students with scientific inquiry and reflective thinking mind and helps them to build a strong foundation for further education in a wide range of science, humanities and social science subjects.
5. Are there any optional parts in the PE Elective?
 - No. Students are required to study all the parts in the PE Elective.
6. What is the difference between the PE Elective and Other Learning Experience – Physical Development (OLE-PD)?
 - PE Elective is an examination subject leading to the HKDSE. It helps students integrate physical skills into theoretical learning and develop a good foundation for further studies in different areas.
 - The OLE-PD aims to develop student’s knowledge, skills and attitudes for an active and healthy lifestyle. The recommended mode of implementation is PE lessons.
7. How much lesson time should be allocated to the PE Elective and the OLE-PD?
 - About 10% of the total lesson time should be allocated to the PE Elective. For the OLE-PE, at least 5% of the total lesson time should be allocated to the PE

lessons.

8. Should the learning and teaching of the PE Elective follow strictly the sequence of the listed content?
 - The sequence of the listed content represents a progress from less to more difficult topics. Teachers are encouraged to design school-based teaching schedules according to the needs and interests of their students as well as the contexts of their learning environment.
9. Should the suggested learning curriculum time for different parts of the PE Elective be strictly followed?
 - The suggested curriculum time of various parts are meant to be applicable to general situations. Teachers may make appropriate school-based adjustments according to the needs and circumstances of their schools.
10. Does the subject cater for the athletes and is it skill oriented?
 - This subject does NOT cater for the athletes. The emphasis of the theory-practice linkage will benefit the students. They will become more self-regulated in living an active and healthy lifestyle.
11. Does the subject emphasise on theoretical parts?
 - Learning of the subject is problem-based and focuses on helping students to maintain a strong and healthy body, gaining improvement in physical performance and involving in building a healthy community.
 - The subject provides students with an alternative study mode for theoretical learning. Through the reflection on the experience gained from participating in sport and physical activities, students can better understand and apply concepts and theories in science, the humanities and social science studies.
12. How to prepare junior secondary students for the senior secondary PE curriculum?
 - In junior secondary education, teachers are used to infusing PE knowledge into daily learning and teaching activities and engaging students in thinking about and discussing issues related to PE.
 - Teachers have also been offering a broad and balanced PE curriculum for students to learn a wide range of motor and sport skills which provide students with sufficient learning experience to make connections and construct new knowledge in senior secondary both in practical as well as theoretical aspects.
13. Does the PE curriculum cater for students with special educational needs (SEN)?
 - All students will benefit from studying the PE Elective and become more self-regulated in living an active and healthy lifestyle.
 - Students with SEN who are intellectually capable of pursuing the ordinary curriculum will aim at achieving the same curricular objectives for senior secondary, and be assessed with appropriate assessment accommodation.
14. Are PE teachers capable of teaching the PE Elective?
 - All subject-trained PE teachers are capable of teaching the PE Elective. EDB will provide a number of theme-based seminars/workshops for teachers to enrich their content knowledge and pedagogy.

15. Are there any other support measures to teachers?
- Apart from professional development programmes, EDB has published the Physical Education (HKDSE) Learning and Teaching Package to help teachers better understand and implement the PE Elective curriculum. In addition, there is the Diversity Learning Grant to support schools offering the subject.
 - EDB has set up a “Physical Education Elective Learning Circle” to form sharing networks in various school districts in support of the implementation of the PE Elective.
16. Are students required to answer all examination questions covering in the theoretical parts?
- There will be two papers in the public assessment. Paper I contains multiple-choice questions and short questions. Students need to answer all of them. Paper II contains essay type questions. Students may choose to answer on two out of three questions.
17. Will there be textbooks for the PE Elective? If no, are there other reference materials provided by the EDB for PE teachers?
- As present, no textbooks for the PE Elective has been published. EDB has published the Physical Education (HKDSE) Learning and Teaching Package in 2009 for teachers’ reference. The Web version can be downloaded at: http://cd1.edb.hkedcity.net/cd/pe/tc/nss%20pe/nss_lt/nsspe_lt_e.htm.

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