1.3 Development of Generic Skills

Generic skills required for lifelong learning can be developed among students through physical activities. In PE, great emphasis is placed on developing collaboration skills, communication skills, creativity and critical thinking skills. Aesthetic appreciation is also very important. For example, students can learn through physical activities to cooperate with team members and from that point develop collaboration skills. They can learn to control their emotions when facing unfavourable situations in competitions and thus improve their ability to solve problems.

Generic skills and aesthetic appreciation are best cultivated gradually through different learning and teaching activities and situations. The effects of learning and teaching can be observed and improved through different modes of assessment. The following are examples of related learning and teaching activities and their assessment criteria:

| Generic Skills/ Aesthetic Appreciation | Examples of Learning and Teaching Activities | Examples of Assessment Criteria |
|--|--|---|
| Collaboration Skills | Students will learn to coordinate with each other, influence and encourage others through group practices, games, competitions and group cooperation. | Prepare equipment before lessons and pack up equipment afterwards Cooperate and share with others Cooperate with partners during practice and exercise team spirit Help partners solve difficulties |
| Communication Skills | Students will learn the skills of communicating with others through group practices and competitions. They will then be able to express their own feelings verbally and non-verbally in a clear and appropriate way. | Understand and follow the instructions of teachers Respond to the verbal instructions of teachers in appropriate ways Communicate with partners during practice Express views and feelings in clear and appropriate ways State views with sincerity |
| Creativity | Students will demonstrate their creativity, the required attitude and special quality through games, exploration and experiencing activities such as dance creation. Students may, for example, create different dances by imitating the movements of robots or animals by means of walking, running, jumping, rolling and balancing. | Create movement sequences Give suggestions to make the activities more interesting Make flexible use of and improve learnt movements for better performance |

| Generic Skills/ Aesthetic Appreciation | Examples of Learning and Teaching Activities | Examples of Assessment Criteria |
|--|---|---|
| Critical Thinking Skills | Students will sum up and analyse through self and peer assessment, demonstrations, competitions, etc, to develop critical thinking skills. For example, how to give hints to classmates to improve their skills or remedy their weaknesses. | Point out mistakes and propose methods of improvement Predict the result of competitions and explain the reasons Understand the simple and direct relationship of cause and effect Sum up the merits and weaknesses of self and others |
| Aesthetic Appreciation | Students will develop aesthetic sensitivity through participation in different modes of practice, competition and related activities. For example, how to appreciate the merits of others, and express the elements of elegant postures, movements, etc. | Appreciate elegant postures Point out the merits and weaknesses of movements and poses Express feelings and moods flexibly and fluency |

Remark: When assessing generic skills, different modes should be used. An example is given below for reference.

1. Look at the following picture and answer the questions.



State the differences between the movements of the two children.

How could you modify the movements to make them more graceful?