

## 1.8 Co-curricular Activities

Students may participate and assist in organising different co-curricular activities to enrich their learning experience. For example, they may take part in interest groups, workshops, training, school teams, etc. From these, they will learn the organisation and leadership skills to serve the community and obtain real life experience. The following are some examples of co-curricular activities:

| Types                              | Contents of Activities   |
|------------------------------------|--|
| <b>1. Interest group</b>           | <ul style="list-style-type: none"><li>• Join school's interest groups</li><li>• Take part in sports activity day</li></ul>   |
| <b>2. Service</b>                  | <ul style="list-style-type: none"><li>• Act as helpers</li></ul>   |
| <b>3. Spectatorship</b>            | <ul style="list-style-type: none"><li>• Watch sports activities on video or on TV</li><li>• Watch public performance and demonstrations</li><li>• Watch local and international competitions</li></ul>   |
| <b>4. Visit/Interview</b>          | <ul style="list-style-type: none"><li>• Interview athletes and publish the contents in the school magazines</li><li>• Attend opening or closing ceremonies of sports activities</li></ul>  |
| <b>5. Training and competition</b> | <ul style="list-style-type: none"><li>• Participate in promotion programmes of sports activities</li><li>• Attend training courses</li><li>• Join the school's internal and external competitions</li></ul>  |
| <b>6. Others</b>                   | <ul style="list-style-type: none"><li>• Take part in games day</li><li>• Group activities: picnics, parent-child activities</li><li>• Through newspaper cuttings and information search on the Internet, get to know about different sports activities; and post the relevant information on the school notice board for the reference of other students</li></ul> |