

## 3.4 Cultivation of Values and Attitudes

Values are qualities that students should develop as principles underpinning conduct and decision-making, whereas attitudes support motivation and cognitive functioning. Both are personal qualities that students should develop. In the process of learning and teaching, values and attitudes mutually affect each other. By means of different modes of assessment, the effects of learning and teaching can be reviewed and improved. The following are examples of related learning and teaching activities and their assessment criteria:

Values and Attitudes	Examples of Learning and Teaching Activities	Examples of Assessment Criteria
<b>National Identity</b>	Through athletics events, students learn the achievements of Chinese athletes and so increase their sense of national identity. For example, at the time of hoisting the national flag and playing the national anthem, they will feel pride in identifying themselves as Chinese nationals.	<ul style="list-style-type: none"> <li>• Get to know about famous athletes of China</li> <li>• Get to know matters connected with China when having athletics events</li> <li>• Get to know China's position in athletics at Asian and world levels</li> <li>• Share the pride when Chinese athletes win in international competitions</li> </ul>
<b>Responsibility</b>	Through different modes of practice, competition and related activities, students come to realise the importance of responsibility. For example, they try their utmost to meet their own targets at different activities and they help fellow students participate in activities in safe circumstances.	<ul style="list-style-type: none"> <li>• Join all activities punctually</li> <li>• Abide by safety measures to avoid injuries to oneself/fellow students</li> <li>• Make all-out efforts to finish in competitions regardless of winning or losing</li> <li>• Accomplish assigned tasks</li> <li>• Take pride in representing the class or school house in competitions</li> <li>• Take pride in representing the school</li> </ul>
<b>Commitment</b>	Through different modes of practice, competitions and related activities, students come to realise that in the face of difficulties, they have to be positive and committed, and to try their best to find solutions.	<ul style="list-style-type: none"> <li>• Help arrange and put away equipment</li> <li>• Make good use and take care of sports equipment and facilities</li> <li>• Join practices for different kinds of athletics events</li> <li>• Make efforts to accomplish learning targets</li> <li>• Accept challenges and be serious in practice or preparation for competitions</li> <li>• Help teachers to maintain order</li> <li>• Help fellow students who are confronted with difficulties</li> <li>• Act as junior leaders in organising activities</li> </ul>

Values and Attitudes	Examples of Learning and Teaching Activities	Examples of Assessment Criteria
<b>Respect for Others</b>	Through activities, students learn to respect others, including teammates, teachers, referees and other competitors.	<ul style="list-style-type: none"> <li>• Listen carefully to the instruction delivered by others</li> <li>• Be open in accepting comments and guidance</li> <li>• Respect the performance of fellow students in events</li> <li>• Show proper etiquette at competitions</li> <li>• Respect the judgment of referees</li> <li>• Take the initiative to shake hands with opponents after the competition as a gesture of thanks, regardless of winning or losing</li> </ul>
<b>Perseverance</b>	In the process of strenuous practice, students develop determination and perseverance.	<ul style="list-style-type: none"> <li>• Work hard to learn</li> <li>• Work hard to achieve targets</li> <li>• Insist on working hard even under difficult circumstances</li> <li>• Try one's best in competitions and persevere to the end</li> </ul>

Remark: When assessing values and attitudes, one may consider awarding grades according to the expected standard so that assessors may apply the assessment criteria and promote student learning. An example is given below for reference.

Assessment Criteria	Put a "✓" in the appropriate boxes.							
	First observation				Second observation			
	1	2	3	4	1	2	3	4
Get to know news related to athletics in China								
Listen carefully to the instruction from others								
Work hard to learn								

1. Not willing to show the behaviour
3. Take the initiative to show the behaviour

2. Willing to show the behaviour
4. Eager to show the behaviour