

4.7 Co-curricular Activities

Students may participate and assist in organising different co-curricular activities to enrich their experience of learning physical activities. For example, they may take part in their school's ball game interest groups, training activities, school teams or referee training courses or assist in organising such activities. They may also seek experience from external events and join different challenge programmes. From these, they will learn the organisation and leadership skills to serve the community and obtain real life experience. The following are some examples of co-curricular activities:

Types	Contents of Activities
1. Interest group	<ul style="list-style-type: none"> • Join the school's interest groups • Take part in ball game clubs • Take part in ball game days • Invite guests to give demonstrations
2. Service	<ul style="list-style-type: none"> • Act as helpers • Assist to organise ball game activities, take up the roles of referee, assistant coaches, etc • Become junior sports leaders and promote the school's internal ball game activities • Lead schoolmates in practice
3. Spectatorship	<ul style="list-style-type: none"> • Watch ball game activities on video or on TV • Watch public performances and demonstrations • Watch local and international tournaments
4. Visit/Interview	<ul style="list-style-type: none"> • Attend opening and closing ceremonies of ball games competitions • Visit to different ball games facilities • Interview athletes and publish contents of the interviews in the school magazines or on the Intranet
5. Training and competition	<ul style="list-style-type: none"> • Join youth ball game promotion schemes • Attend training courses for ball games • Attend referee training courses • Take part in school team training • Join school and external competitions
6. Others	<ul style="list-style-type: none"> • Gather information through newspaper cuttings and information searches on the Internet, get to know the development and history, rules and regulations, facilities and equipment, terminology, etc related to different ball games in international tournaments; and post the relevant information on the school notice board or the Intranet for the reference of other students